

## **Risky Business: A Collaborative Training For Northwest Tribes**

**AUTHOR(S):** Kerri Lopez, Ryan Sealy (Pregnancy and Tobacco), Eric Vinson (Cancer Issues), Nora Alexander (Tribal Community Gardens and Nutrition Policy), Antoinette Aguirre (NW Tribal Policies)

**Moderator:** Kerri Lopez

**TOPIC/TARGET AUDIENCE:** Health Educators, Community Health Advocates, and MPH students

**ABSTRACT:** American Indians and Alaska Natives (AI/AN) experience health disparities including: tobacco use, diabetes, nutrition, and physical activity compared with the Non-Hispanic White (NHW) population. NPAIHB has created training, Risky Business, to address high risk behaviors by focusing on wellness curriculums and policies. Risky Business takes an integrative and interactive approach training tribal health workers in wellness and risk reduction. NPAIHB will provide an overview of the Indian Healthcare system, trends in health disparities affecting American Indians and Alaska Natives (AI/AN), and resources to address these issues within NW Indian communities.

**OBJECTIVE(S):**

- Workshop participants will understand basics of the Indian Health Care System.
- Workshop participants will be able to list of resources, toolkits, and curriculums utilized in tribal health programs

**PANEL ABSTRACT 1:** Pregnancy and Tobacco: The disparities in tobacco use within AI/AN communities exists and includes use during pregnancy. Results from prior analyses of PRAMS data will be presented with a discussion of future activities to improve the capacity for tobacco cessation with pregnant women.

**PANEL ABSTRACT 2:** Cancer Issues: Disparities in Cancer Incidence for select cancers and overall for mortality exist for AI/AN in Oregon. The specific disparities and their factors within Tribal communities will be presented. Current activities within Oregon tribes addressing cancer and opportunities for future work will also be discussed.

**PANEL ABSTRACT 3:** NW Tribal policies and community gardens: A history of commodities foods program and the impact on tribal nutrition and outcomes will be presented. Current work to implement community based resources with gardens and policies will be discussed. In addition, the history of tribal polices in the northwest will be presented including tobacco, nutrition, physical acidity, and wellness in tribal communities.

### **PRIMARY CONTACT INFORMATION:**

Kerri Lopez, BA  
Project Director  
Northwest Portland Area Indian Health Board  
Portland, OR  
5034163301 | klopez@npaihb.org

CO-PRESENTER(S):

Ryan Sealy | [rsealy@npaihb.org](mailto:rsealy@npaihb.org)

Eric Vinson | [evinson@npaihb.org](mailto:evinson@npaihb.org)

Nora Alexander | [nalexander@npaihb.org](mailto:nalexander@npaihb.org)

Antoinette Aguirre | [aaguirre@npaihb.org](mailto:aaguirre@npaihb.org)